



Care and Rehabilitation  
Centered Around You.



Post-Hospital Care,  
*Redefined.*  
Expertise = Proven Results



## Post-Therapy

### Home Evaluations Prior To Discharge

Home assessments are scheduled prior to a patient's return home, performed by our rehabilitation therapists in the presence of the patient and their family. Home evaluations focus on the environment and the individual's ability navigate in, out and throughout the home safely. At completion, recommendations are made to the patient and their family on any adaptations that need to be made prior to the patient's return home.

*Our mission is quality outcomes  
– providing safe and seamless  
transitions home.*

### Discharge Planning

Discharge planning begins on admission and is a critical part of the patient's safe return home. Our case managers are there to ensure patients have a smooth transition home. The case manager will also assist patients and their families in obtaining items and services aiding in the transition home. Some of these items and services include:

- medication reconciliation
- scheduling follow up appointments with primary care physician and specialists
- review written discharge plan
- order necessary equipment identified during home evaluations
- review information regarding what steps to take in an emergency situation

### Patient Education On Returning Home

#### What To Expect When Returning Home

The transfer period after hospitalization is stressful enough without having to deal with the additional situations and potential stresses that come with care complications. We can help you with reducing unnecessary burdens while designating the division of care responsibilities. Here, are some things to consider and be aware of, the patient's overall level of function, physiological issues, social and mental conditions and details in medication administering,

#### Post Emergency Information

Keep emergency medical information visible for emergency personnel to easily see.

#### Make Use of Non-Skid Items

Rubber-soled shoes and rubber-backed bath mats will help prevent slipping. Likewise, non-slip mats in the shower help maintain footing.

#### Keep Things Handy

Canned foods and often used items should be stored within easy reach.

#### Clear Your Path

Remove throw rugs. Tape down electrical cords. Watch out for pets underfoot. Rearrange the furniture to clear pathways. Prevent wet and/or slippery floors, and avoid uneven surfaces.



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## Pre-Surgery Planning



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## Post-Hospital Care, *Redefined.*



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## Pre-Surgery Planning

### Benefit From Pre-Surgery Registration

Don't wait to fill out paperwork until after surgery. We want you to be prepared for all your care needs. That's why we encourage patients to preregister for post-surgery care. We know that early preparation aids in alleviating fears and concerns. Preregistration allows you to have a smooth transition from your surgical center to your HCF care community.

Prior to your discharge, fill out the attached form and give to your hospital's discharge coordinator.

## Jump Start Healing Focus on Recovery

### Talk With Our Specialist Prior To Surgery

Some of the key benefits to scheduling an appointment includes assistance in understanding complex insurance coverage, applying for medical assistance through state funded programs, and navigation through financial processes.

## Tour The Community— See Our Rehabilitation Suites

Comfort comes from feeling good about your surroundings. Allow us to give you a tour of the care community campus, and we'll let you know where each phase of your care will take place. Your tour guide will provide you with an information package on the care community, providing you additional information that will help you make informed decisions. Finally, let your senses guide you through your tour—sight, smell, touch, sound and taste—are all important factors in enhancing recovery and healing.

*If your stay at the hospital is a minimum of 3 qualified midnights, Traditional Medicare will pay 100% of your stay up to 20 days.*

*Today there are many private insurances that offer the same 100% coverage without the 3 midnight qualifying stay minimum.*

## Meet Your Care Team— Beginning Focusing on Recovery

It's nice to know who will be taking care of you. We encourage you to meet with your Person Centered Care professional and share with them any questions you may have about your specialized care and treatment needs. Establishing this relationship with our team before your admission will help alleviate the anxiety that comes without knowing your overall care needs.

# Pre-Surgery Registration

Date \_\_\_\_\_

\_\_\_\_\_  
Patient's Name

\_\_\_\_\_  
Surgeon's Name

\_\_\_\_\_  
Primary Care Physician

\_\_\_\_\_  
Primary Surgical Procedure

Have you completed any pre-rehabilitation?  
\_\_\_\_\_Yes \_\_\_\_\_No

\_\_\_\_\_  
If so with whom and where?

Do you anticipate further rehabilitation?  
\_\_\_\_\_Yes \_\_\_\_\_No

\_\_\_\_\_  
Person Center Care Request  
(Joy In Moments)

\_\_\_\_\_  
Are you active in any local groups or organizations?

I Am Pre-Registered For Admission At:



HEMPFIELD  
MANOR  
724.836.4424

Please notify the above care community of my hospital admission and discharge.



HCF